



Girlguiding
Essex North East county

WINTER GOOD TURN

The response for last year's Winter Good Turn was overwhelming with units from across the county providing essential items to local food banks. As a volunteer at Colchester (Tollgate) Food Bank, I am aware of how much support is still being given to families around the county, some of which I realise may be Girlguiding members themselves. I would again like to challenge Essex North East units to, where possible, help families within their own communities by collecting treat bags or boxes either as individuals or units and donating them to their local food bank. Even the smallest of individual contributions makes a difference - imagine if we put all our small differences together!

There are food banks in the following areas-: Chelmsford, Tiptree, Colchester-Tollgate, Greenstead, Monkwick, New Town, Clacton, Witham, Harwich, Manningtree, and Braintree.

If you can't get to a food bank you can always drop off your donations at the county office.

In return the county will send a token thank you to all who take part.

Many of the food banks offer behind the scenes visits for units. If you would like to take your unit, contact your local one to arrange a mutually convenient date. However, if they are unable to accommodate you, then please contact Tollgate, Colchester Food Bank as they will be more than happy to help.

Here is a list of items that all food banks are in need of as the festive season approaches, but everyday items are welcomed too. Please don't put in fresh or chilled items. All items should have a reasonable best before date to allow for distribution.

Tinned ham, corned beef, tinned salmon, boxes of sweets, boxes of savoury biscuits, boxes of shortbread, mince pies, selection boxes, ready-made custard, festive biscuits, Yule logs, snacks, crisps, pickles, chocolate spread, hot chocolate, Christmas puddings, period products, washing up liquid and toiletries.

Please try and get your donations to your local food bank or the county office by 1st December.

You will need to register your gift to your local foodbank in order to receive your thank you: please email office@girlguidingsexne.org.uk

*the name of your unit

*main contact name

*name of food bank in receipt of donation as well as a photo of your donation and/or visit

The number of thanks you required will be taken from unit GO records.

Please ensure these are up to date before applying.

Best Wishes

Sue Sutton

County Commissioner,
Girlguiding Essex North East